

From Hormone Hell to Hormone Well: Straight Talk Women (and Men) Need to Know to Save Their Sanity, Health, and - Quite Possibly - Their Lives



For the past several decades, the traditional medical community has by and large ignored, misdiagnosed, and mistreated millions of women and men suffering from symptoms of hormone imbalance such as weight gain, low sex drive, fatigue, hot flashes, foggy thinking, and depression. Synthetic hormone replacement therapy (HRT), the most common choice for treatment, has been clinically proven to be dangerous. Still, doctors continue to prescribe HRT and put the health - and even the lives - of millions of patients at risk. In this new, expanded edition of their successful book *From Hormone Hell to Hormone Well*, C.W. Randolph, Jr., M.D. and Genie James team up to challenge the pharmaceutical industrys ongoing promotion of HRT as well as the physicians this industry has brainwashed. A world-renowned expert and co-founder of The Natural Hormone Institute of America, Dr. Randolph has for more than a decade used bio-identical hormone replacement therapies (BHRT) to safely and effectively treat thousands of women and men for decades. Hell help you: Refuse to buy into HRTs one-size-fits-all approach. Make lifestyle choices to naturally support your bodys optimum hormonal equilibrium at any age. End the suffering caused by hormone imbalances during perimenopause, menopause, and andropause (male menopause) and Feel like yourself again.

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